CREATIVITY, ACTIVITY, SERVICE & ENRICHMENT (CASE) 2025 - 2026

AMBITION • RESPONSIBILITY • COURAGE • RESPECT

RYDE SCHOOL
WITH UPPER CHINE

An Island school with a global outlook

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INTRODUCTION

On Thursday afternoons every student from Year 7 to Lower Sixth has the opportunity to take part in a CAS activity. From September 2025 we are rebranding this as CASE.

This booklet outlines the new CASE provision, giving parents and students an opportunity to absorb the range of activities available as students go through the School.

The aim of the programme is to offer our students diverse opportunities that extend beyond the traditional curriculum, supporting growth in leadership, social skills, and personal development, while also developing their interests and talents.

It is inclusive, relevant and well-structured, and focuses on providing students with enriching experiences that complement academic learning at each stage of their schooling here, and that are separate from the opportunities offered through clubs and activities.

For Years 7 and 8 the focus is on exposure to different activities that might promote curiosity or support personal growth. In Year 9 this shifts to collaborative team-building exercises that nurture communication and resilience. From Year 10-Lower Sixth students will choose their pathway by enrolling on a specific activity.

From Year 9 onwards the courses can lead to an award, certification on completion, or culmination in an end event. Students can add these completed courses to their CVs, which will assist their progression to the next stage of their learning journey.

OVERVIEW

Please see below the complete overview of CASE for 25/26 Academic Year for students in Year 7 to Lower Sixth Form.

Year Group	Autumn Term	Spring Term	Summer Term
Year 7	Cooking Swimming Ryde Town Council Cyber Explorers	Individual Projects	Cooking Swimming Ryde Town Council Cyber Explorers
Year 8	Technical Drawing Table Tennis Care Home Visits Environmental Project	Ryde Town Hall Projects with Presentations	Technical Drawing Table Tennis Care Home Visits Environmental Project
Year 9	CCF/ DofE	CCF/ DofE	CCF/ DofE
Year 10	CASE	CASE	CASE
Year 11	CASE	CASE	CASE
Lower Sixth Form	CASE	CASE	CASE

YEAR 7 CASE ACTIVITIES

In the autumn and summer terms, Year 7 students will rotate through a carousel of creative, physical, academic or practical, short-term (every five to six weeks) activities or subjects. We adopt this structure to offer students a broad range of subjects and skills that we believe supports holistic development while also encouraging engagement and enjoyment.

During the spring term, they will complete an academic project of their choice. The projects involve independent, self-directed research undertaken by the students. These projects allow students to explore their interests in depth, develop essential skills, and demonstrate their learning in a meaningful way.

COOKING (CREATIVITY)
Based in the Cookery School, Year 7 students will have the opportunity of cooking specific recipes each week, led by the Head of Cookery.

This opportunity has numerous benefits including: developing essential life skills, promoting healthy eating habits, and boosting cognitive and social development.

Cooking strengthens Maths, reading, and problem-solving abilities, while also providing a multi-sensory learning experience. Additionally, it can foster creativity, collaboration, and a deeper appreciation for food and culture.

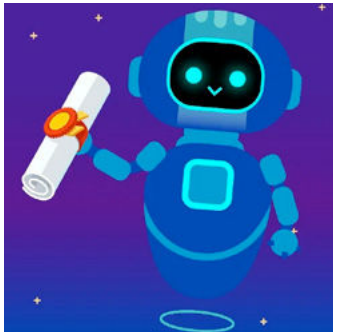
SWIMMING (ACTIVITY)
Learning to swim is an incredible way to stay healthy and fit as well as being a vital life skill, particularly since we are surrounded by a beautiful coastline.

Students travel by minibus to the Waterside Pool in Ryde where they can explore, practise, and develop their techniques and water confidence at their own pace.

Swimming improves cardiovascular health, muscle strength and flexibility, while also reducing stress, and boosting mood. As a low-impact activity it's suitable for all fitness levels.

RYDE TOWN COUNCIL (SERVICE)
The School has developed very strong links with Ryde Town Council and its Neighbourhood Board. We have been assigned a number of projects that benefit the local community.

Recent projects have included the Riboleau Street Community Garden and the unique, historic Vernon Square Gardens, a volunteer-maintained public space in the heart of Ryde. We are delighted to be able to support these important community spaces.



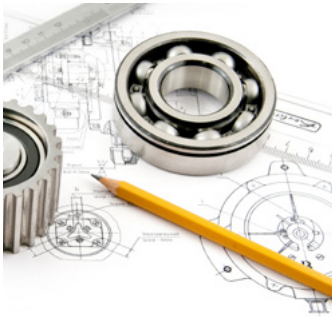
CYBER EXPLORERS (ENRICHMENT)
Cyber Explorers is a UK government-designed platform that introduces students to key security concepts such as open-source intelligence, digital forensics, and social engineering.

Through a gamified journey of quizzes and activities, students learn how digital, computing, and cyber skills are integral to a range of career paths, including social media content creation, sports technology, and medical research.

Students learn about the future of technology in the workplace and gain safe and secure digital skills that align with the National Cyber Strategy.

YEAR 8 CASE ACTIVITIES

As in Year 7, Year 8 students follow a carousel of short-term activities or subjects in the autumn and summer terms. In the spring term, they work in teams on the Ryde Town Hall project, developing proposals to repurpose this local landmark, including costing the work and profit/loss forecasts. The project culminates in a presentation evening for parents during which students present their ideas and talk through the journey they have just undertaken, allowing them to demonstrate collaboration and practise communication to a live audience.



TECHNICAL DRAWING (CREATIVITY)
Technical drawing is a specialised form of visual communication, often used in engineering, architecture, and manufacturing, that uses precise, standardised illustrations to represent objects and their dimensions.

Students will work in the Design and Technology classroom and learn new skills to be able to create clear, unambiguous technical drawings, including orthographic projections, isometric views, and section views.

TABLE TENNIS (ACTIVITY)
Students will have the opportunity to play table tennis at the Isle of Wight Table Tennis Centre, on the outskirts of Ryde.

Table tennis improves reflexes, balance, and coordination, while also being gentle on the joints. It sharpens concentration, improves cognitive function, and it's a great way to socialise and build self-esteem.

CARE HOME VISITS (SERVICE)
Each week students visit Highfield Care home to offer companionship and support to residents, while they gain valuable experience in a social care setting – which can be helpful for those considering a care-related career.

We have seen that this service activity helps students build confidence and develop valuable, transferable skills such as communication, empathy, and teamwork.

ENVIRONMENTAL PROJECT (ENRICHMENT)
Making Waves – Local Action, Global Good

Launching in September 2025, this School and community programme will focus on climate change and sustainability through talks, interactive sessions, and a climate club that encourages students to explore real-world issues and take meaningful action.

Supported by research-based organisations focused on climate change education, the wider aim of the initiative is to make the School a hub for local climate engagement – welcoming guest speakers and working with other schools, libraries and local groups to explore how we address this global challenge together.

YEAR 9 HYBRID MODEL – CCF AND DOFE (BRONZE)

This year, we are delighted to launch a unique hybrid programme for Year 9 students that combines the Combined Cadet Force (CCF) with the Duke of Edinburgh Bronze Award (DofE). It is designed to provide a dynamic and rewarding experience that supports personal growth, leadership, and resilience.

This programme blends the adventure and service of DofE with the conduct and teamwork of CCF, preparing students for success both inside and outside the classroom. It is an excellent foundation for future involvement in senior CCF sections and higher levels of the DofE Award.

Throughout the year, students will take part in a variety of activities, including:
- Navigation and map reading
- First aid and survival training
- Physical challenges and fitness development
- Volunteering within the local community
- Leadership and communication exercises
- Team-based expeditions and overnight camps

This approach ensures the two programmes complement each other, allowing students to progress through their DofE sections while actively participating in CCF sessions.

Key benefits of the hybrid model include:
- Development of essential life skills such as resilience, self-confidence, and initiative
- Exposure to new environments and challenges
- Stronger teamwork and leadership capabilities
- Improved physical and mental wellbeing
- A deeper sense of social responsibility and community involvement
- Opportunities to build lasting friendships and shared experiences
- Enhanced university, apprenticeship, and job applications through nationally recognised achievements

YEAR 10 TO LOWER SIXTH FORM CASE ACTIVITIES

Students in Year 10 to Lower Sixth Form can choose from the following activities as part of the CASE provision:

- DofE
- CCF
- Greenpower
- CREST AWARD (Silver)
- ARTS AWARD (Silver)
- iDEA AWARD
- Foreign Language Leader AWARD
- Dance
- Music Practice
- Sailing (ILCA elite squad training)
- Art Practice
- Design and Workshop Skills
- Librarians
- Performing Arts Technical Support
- Volunteering or Work Experience (Self-organised)
- Self-directed Online Enrichment Courses

Students choose a particular option for the academic year. These options will be reviewed each year to ensure they remain relevant and appealing.

DUKE OF EDINBURGH'S AWARD SCHEME

The Duke of Edinburgh's Award (DofE) is a personal challenge programme with three levels – Bronze, Silver and Gold – designed to encourage personal development and community engagement. Each level involves completing specific sections and expeditions, with the Gold level including a residential section. The minimum time to complete each level varies, as does the difficulty and the minimum age requirement. Students who obtain a Gold award are invited to attend a celebration event at a royal palace attended by a member of the Royal Family.

BRONZE AWARD
- Minimum Age: 14.
- Time: At least six months.
- Sections: Volunteering, Skills, Physical, and Expedition.
- Expedition: Two days/one night in a lowland area.
- Focus: Developing foundational skills and confidence.

SILVER AWARD
- Minimum Age: 15.
- Time: At least 12 months (for direct entrants, without Bronze).
- Sections: Volunteering, Skills, Physical, and Expedition.
- Expedition: Three days/two nights in an open country area.
- Focus: Building on Bronze skills and taking on more challenging activities.

GOLD AWARD
- Minimum Age: 16.
- Time: At least 18 months (for direct entrants, without Silver).
- Sections: Volunteering, Skills, Physical, Expedition, and Residential.
- Expedition: Four days/three nights in a wild country area.
- Residential: Working and staying away from home on a shared activity.
- Focus: Developing leadership, resilience, and a deeper commitment to personal challenges and community service.

COMBINED CADET FORCE (CCF)

The Combined Cadet Force (CCF) now operates in over 400 UK secondary schools and provides students with a wide variety of challenging, adventurous, and educational activities that build confidence, resilience, teamwork and leadership, while also nurturing moral awareness, persistence, and respect for others, in a supportive and encouraging environment.

Cadets work towards nationally recognised qualifications such as first aid, and experience activities like sailing, flying, marksmanship, and survival skills.

Each week typically begins with a parade followed by afternoon activities. Under the guidance of cadet force adult volunteers – often school staff – senior cadets (NCOs) are entrusted with leadership and instructional roles, helping to train and support junior members. Throughout the year, cadets also take part in field days, weekend training, national competitions, and residential camps. CCF units also often represent their schools at public events.

GREENPOWER

Greenpower Education Trust is a UK-based charity that uses the excitement of motorsport to inspire young people to excel in Science, Technology, Engineering and Maths (STEM) by challenging them to design, build and race an electric car.

Greenpower supplies age-appropriate Kit Cars, which can be built in school, college or elsewhere and raced at Greenpower-organised events. Older participants have the opportunity to design and build their own car to Greenpower's regulations.

The School has bought a Kit Car, using a donation from a former student, that students will first assemble, which takes approximately 15 to 20 hours, then customise.

For next season the School has entered a team into the Formula 24 category which gives 11–16 year olds the opportunity to build and race their electric cars.

Greenpower works with over 700 teams throughout the UK and holds 30+ regional events and an international final every year. More than 10,000 students take part each year, from primary school age through to university.

Max 20 students.

CREST AWARD (SILVER)

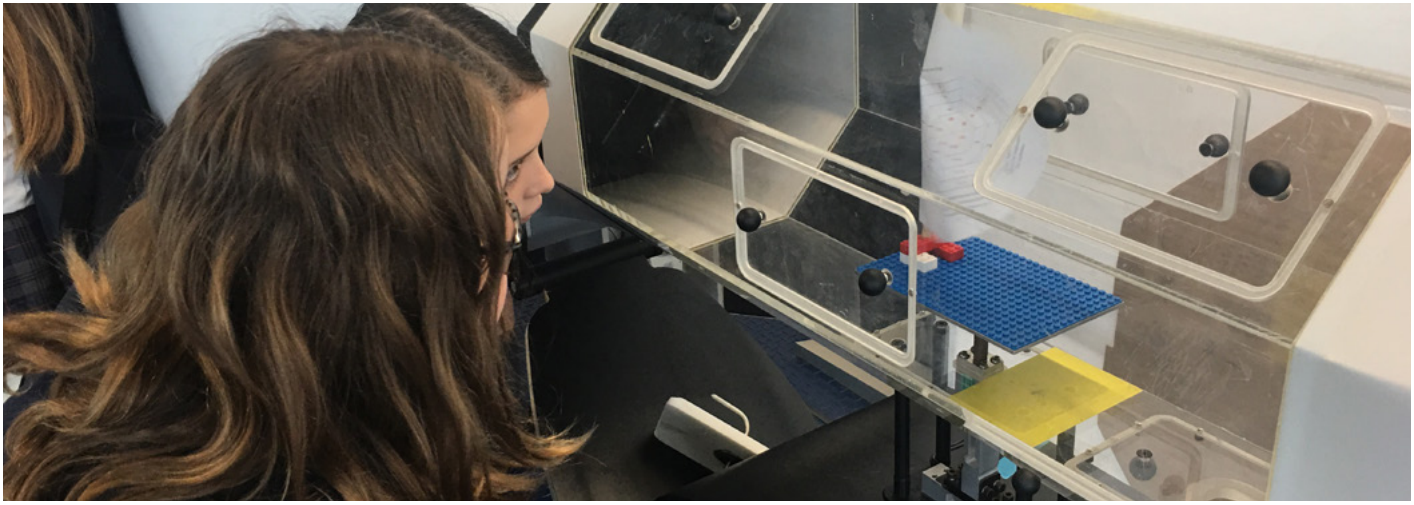
CREST Silver Award is designed to stretch students and enrich their STEM studies. It challenges students to develop their own project idea to gain in-depth experience of the scientific method or engineering design process.

Working independently, or in groups, students plan and run a project addressing a real-world STEM problem over 30 hours. Students can undertake projects on any STEM subject.

Silver Award projects are submitted online, along with each team member's profile form and assessed, against the CREST criteria, by experts from industry, academia or the education sector. Students who gain a Silver Award receive a personalised certificate.

CREST Silver has been shown to improve GCSE grades, promote continued interest in STEM subjects and can be used to enhance students' UCAS personal statements.

Max 12. Cost £25 per student.



BRITISH SCIENCE ASSOCIATION

CREST AWARDS

ARTS AWARD (SILVER)

The Arts Silver Award gives students the opportunity to develop their creative skills in disciplines such as music, dance, drama, visual art, photography, film, or creative writing, and gain a nationally recognised qualification along the way.

Students create a portfolio, in a format of their choice, presenting evidence to show they have completed all the tasks within the award's two units:

Unit 1: Arts practice and pathways
- Planning an arts challenge that develops their skills
- Implementing and reviewing the success of their challenge
- Reviewing arts events and sharing their views
- Researching careers and future opportunities in the arts

Unit 2: Arts leadership
- Identifying an arts leadership role and planning an arts project
- Being an effective arts leader, including dealing with practical issues and working effectively with others
- Reviewing their project and leadership abilities

Supported by our Arts Award advisers, students receive guidance throughout the programme while having the freedom to tailor their projects to suit their interests.

Max Students 30
Cost £35.00
NB: Students taking GCSE Art should note this is an additional workload given the creative nature of the award

iDEA INSPIRING DIGITAL ENTERPRISE AWARD

The Inspiring Digital Enterprise Award (iDEA) is a free, international programme that develops digital, enterprise, and employability skills. It's open to everyone but it's particularly good for students aged 11–18, and is recognised by employers and universities.

Students earn badges each week through short, interactive, online modules. Badges cover a wide range of topics including coding, animation, entrepreneurship, and cybersecurity. In this way, students can work at their own pace on a Thursday afternoon during CASE, or continue in their own spare time. As students progress, they can work towards obtaining either a Bronze, Silver or Gold Award.

iDEA is perfect for those who want to boost their CV, learn new tech skills, or explore career paths in the digital world.

iDEA
INSPIRING DIGITAL
ENTERPRISE AWARD

FOREIGN LANGUAGE LEADER AWARD

Lead. Inspire. Communicate.

This nationally recognised programme develops leadership, communication, and teamwork skills, and is designed to help students become confident, inspiring language leaders.

It's ideal for students in Key Stages 3 or 4 who enjoy learning languages, want to help others, are interested in leadership or teaching, and want to enhance their confidence, communication and presentation skills.

Students learn how to plan and deliver lessons, engage an audience and adapt a teaching style through leading language-based activities and mini lessons for younger students or primary schools. They will also take part in team projects, reflection tasks and presentations to help develop their public speaking and presentation skills.

The course is assessed through students completing a logbook or portfolio of their planning, delivery, and reflection. They will also gain feedback from teachers and peers.

Max 10. Cost £19 per student.

Leadership
Skills
Foundation

DANCE

We are thrilled to announce that dance sessions will now be delivered every week by a specialist dance teacher! All students who sign up to this programme will take part in dance sessions during CASE led by a qualified, experienced dance teacher. Over the course of the year students will be working towards performances and showcases and maybe even competitions such as Dance Live.

Students will explore styles such as street, contemporary hip hop, and jazz and will be taught choreographic routines and technique as well as how to evaluate and improve their own performance.

Dance is not just about movement: it improves students' fitness and coordination while enhancing their creativity and expression. Working as part of a group develops teamwork, communication and empathy while developing confidence and performing skills.

All ability levels welcome – just bring enthusiasm and perhaps a love of music, movement and being on stage.

Max 30 students.

MUSIC PRACTICE

We are pleased to offer dedicated music practice time for students who are learning a musical instrument. These sessions are open to all students receiving instrumental or vocal lessons, whether through the School or privately.

They offer a calm and focused space to rehearse, refine, and improve, and give students the time and space to prepare for graded music exams, School concerts and performances.

Practice sessions help develop confidence, discipline and performance skills and are also a great way to take a break from busy academic schedules.

Staff support will be available each week, which means students can benefit from being in an environment conducive to excellent learning.

SAILING (ILCA ELITE SQUAD TRAINING)

We are thrilled to announce an enrichment opportunity exclusively for students in our Elite Sailing Squad. This unique programme is designed to challenge and inspire our most dedicated sailors.

Participants will sharpen their advanced sailing skills, build leadership on the water, and take part in high-level training sessions, under expert guidance.

The programme goes beyond physical ability – focusing on strategy, teamwork, and personal growth, and helps to develop the School's status as the best sailing school in the UK.

ART PRACTICE (EXAM FOCUS)

This Art Enrichment Programme offers exploration into the world of visual expression across multiple mediums and art movements.

Students experiment with a wide range of styles – from Impressionism and Cubism to Abstract Expressionism, and Realism. Emphasis will be placed on understanding the historical and cultural significance of each movement while developing a personal response through individual projects.

Techniques will include drawing, painting, printmaking, mixed media, and sculpture, and sessions will cover essential skills such as perspective, composition, colour theory, and texture building, encouraging both technical precision and imaginative freedom.

Students will be encouraged to maintain sketchbooks to document progress, reflect on processes, and explore visual storytelling. Peer feedback and group critiques will help students articulate artistic intent and build confidence.

This enrichment session is designed to challenge and inspire, cultivating both creative thinking and artistic discipline in a supportive studio environment.

Max 20 students.

DESIGN AND WORKSHOP SKILLS

These sessions are for those students studying Design and Technology (D&T). They provide the opportunity to build on core D&T skills while also honing problem-solving skills. Whether its testing ideas by designing a new product, working with different materials and processes, or using digital tools to create smart solutions, these sessions provide the chance to experiment and improve your design technique.

Sessions will focus around relevant design challenges in which students will learn how to conduct informative research, sketching workshops to communicate possible outcomes, make/test prototypes, and model in 3D computer software. We will work with real life clients to guide projects and get a taste of how the design process works in the real world.

Max 20 students. No cost.

LIBRARIANS

Each year a handful of students have a fantastic opportunity to lead, organise and inspire by becoming a student librarian. This year, as part of this role, they will also have the opportunity to become School reporters for the newly branded School magazine.

The role of student librarian involves the issue and return of books while keeping shelves tidy and organised. Students can also support younger students in finding the right books or at very least by recommending and promoting reading materials. Alongside this, students will be asked to assist with library displays to help create a stimulating reading space for fellow students and also promote and market any reading events.

A School reporter will help research, write and edit pieces for the student-led School magazine. You will liaise with the department's two captains (English and Editor-in-Chief), to help create something for the whole School.

A School librarian and/or reporter, will gain valuable organisation skills, experience leadership and responsibility while showing real dedication and commitment to a vital School facility.

If you love books, reading and writing, want to work as part of a team and give something back to the School community then this opportunity might be the one for you.

PERFORMING ARTS TECHNICAL SUPPORT

Join our Technical Support Crew and learn how to programme lighting cues, operate sound desks, build and paint scenery, or design costume and makeup for the stage.

Working with professional equipment you will gain hands-on experience during School productions, concerts, and drama showcases throughout the year, which will help build technical expertise and creativity while developing transferable skills such as teamwork, time management, and innovation.

No experience is needed – just enthusiasm and commitment! Workshops and training is provided by our Performing Arts team led by Mr Ballingall, our new Performing Arts Technical Manager.

VOLUNTEERING OR WORK EXPERIENCE (SELF-ORGANISED)

Students can arrange their own volunteering or work placements each Thursday afternoon during CASE.

This is a fantastic chance for students to explore potential career paths, gain practical skills and build confidence, independence, and communication. It can also be a useful addition to any future college, university or job applications.

Aside from the many personal benefits of this opportunity, it also gives students a chance to make a positive impact within the local community.

Placements (which could include working in a charity shop or local care home, assisting at a primary school, or even gaining experience in an office, retail, or hospitality setting) must be organised by students or their families, be appropriate and safe, and approved by the School.

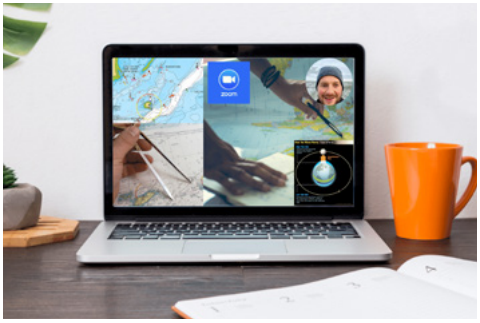
Communication between the School and the chosen organisation is also required, along with endorsement by a parent/carer so that all parties are aware of the arrangements that have been made and put in place.

SELF-DIRECTED ONLINE ENRICHMENT COURSES

Some students and families might want to use this time to embark on a self-study course that is relevant to their interests or indeed a career pathway they are keen to explore.

Some online courses offer this opportunity but any costs involved cannot be covered by the School. If there are any courses that you would like your child to join, please do contact the School to see if we can help put arrangements in place.

Courses of interest could be:



One day online skipper course
40 hours
£295.00
www.onlinesailingcourse.co.uk

Level 1 and Level 2 Sign Language
30 hours
£99.00
www.lead-academy.org

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Ryde School, Queen's Road, Ryde, Isle of Wight, PO33 3BE, United Kingdom

Tel: +44 (0)1983 562229 school.office@rydeschool.net rydeschool.org.uk